LEVEL I - Pockets, or briefcase contents

MUST Optional

INSP DATE______by_________

Recommended

☐ Cell phone and /or pager
☐ Small "Backup" AA flashlight
☐ Personal medications and hygiene items
☐ Eyeglasses
  ☐ 2-meter / dual-band HT
  ☐ Extra battery for cell phone and /or HT
  ☐ Notebook and pencil / pen
  ☐ Scout Knife
  ☐ Matches or lighter
  ☐ Whistle
  ☐ VDOT or City / County road map
  ☐ Sunglasses
  ☐ "Backup" pocket compass
  ☐ Emergency cash

☐ Other______________________

LEVEL II

RACES Operating Supplies In Waist pack

MUST Optional

INSP DATE______by_________

Recommended

☐ 2-meter / dual-band HT
☐ Extra phone, or HT battery pack
☐ Weather resistant bound notebook, pencil / pen
☐ Message forms and operating references
☐ Primary, larger 4-AA flashlight, headlamp
☐ Extra bulb and AA batteries for flashlight + HT
☐ First Aid Kit, personal meds and hygiene items
☐ Scout Knife or Multi-Tool
☐ Sun / Rain Hat
☐ Windbreaker or light duty rain gear
☐ 2 liters of water and snacks for a day
☐ Whistle
☐ HT “Gain” antenna, telescoping 1/2 wave, wind-up J-Pole or "Long" Flexible dual-band
☐ Extra "warmth" layer of wool or fleece
☐ Orienteering compass
☐ VDOT road map
  ☐ Sector area USGS Topographic map
  ☐ Sunglasses
  ☐ Sunscreen

☐ Other______________________

LEVEL III - Life Support / PPE Backpack

MUST Optional

INSP DATE______by_________

Recommended

"The Ten Essentials"

☐ MAP – USGS, 7.5 minute topographic
☐ COMPASS, orienteering type on cord
☐ FLASHLIGHT, 4AA size, with EXTRA bulb, extra alkaline batteries for flashlight + HT
☐ WATER, total of 1 gallon / day minimum
☐ FOOD, nonperishable, adequate for 24 hrs.
☐ WIND / RAIN PROTECTION, hat, windbreaker or poncho, wool sweater or fleece for layering
☐ FIRE STARTING MATERIALS, 3 methods: matches, lighter, flint starter or burning lens and tinder (cotton infused with petroleum jelly in film can)
☐ KNIFE - Scout type or multi-tool
☐ FIRST AID KIT and first aid manual
☐ SIGNAL, whistle and signal mirror

REQUIRED FOR CERT / DAMAGE ASSESSMENT

☐ SAFETY GLASSES ANZI Z87.1-1989
☐ HARDHAT ANZI Z89.1-1997 Type I
☐ VEST, reflective
☐ RESPIRATOR, N95 rated or higher
☐ WRENCH, adjustable, to turn off utilities

Clothing

☐ Sun / Rain Hat
☐ Cold weather warm hat (wool or acrylic)
☐ Initial "wick" layer next to skin
☐ Outer wind / rain resistant "shell" layer
☐ Extra insulating "warmth" layer, wool or fleece
☐ Boots, ankle support, safety toe, traction sole
☐ Socks, non-cotton, wool-blend w/ polypro liner
☐ Gloves, leather, work shell protective
☐ Gloves, wool liners, for warmth
  ☐ Gaiters

Additional Optional Items

☐ FLARE, automotive, fire starting, wet environment.
☐ FUEL / CANDLE, six Trioxane bars, 9 hr. candle
☐ Personal EPA rated water filter, purification tablets
☐ GEL CEL BATTERY, with transceiver power cord
☐ MULTI-TOOL, Leatherman®, or Gerber®
☐ SHELTER, Space Blanket®, military poncho, or plastic trash bag, bivvy shelter, etc.
☐ SLEEPING PAD, closed cell foam
☐ MESS GEAR, mil. canteen cup, warming stand, spoon
☐ ROPE, 20 ft. nylon “flat line,” and 50 feet #550 cord
☐ CAMP KNIFE / MACHETE or AXE (one per team)
☐ FOLDING SAW (one per team)
☐ FOLDING SHOVEL, (one per team)
☐ OTHER______________________