National Capital ARES® Council Frequencies

Jurisdiction	Primary Repeater	Secondary Repeater	Simplex	Packet
Maryland Region	147.105	146.730	3920 kHz	144.390 (APRS)
Anne Arundel	146.805	147.105		145.750
Calvert	146.985 PL 156.7	147.195 PL 156.7	146.580	
Charles	145.390 PL 186.2	443.700		
District of Columbia	145.430	147.045	146.505	
Frederick	147.060			
Hagerstown	147.090			
Montgomery	146.955	145.450	146.460	145.750
Prince George	146.610	146.880 and 147.150 PL 114.8	147.540	145.750
Skywarn	147.300			
Towson	147.030			145.730
American Red Cross (Chapter to Chapter)			146.535	
American Red Cross (On-Site)			147.420	
Baltimore Traffic Net	146.670			

Jurisdiction	Primary Repeater	Secondary Repeater	Simplex	Packet
Virginia Region	146.910 (Primary) 147.300 (ALT/liaison) 145.210 PL 141.3 (Western Counties)		3947 kHz 7240 kHz (ALT)	145.73 144.390 (APRS)
Alexandria	146.655 PL 141.3	147.315	146.490	
Arlington	445.150	449.325 PL 151.4	445.959	
Fairfax	146.790	146.910 and 224.100	146.415	
Falls Church	447.425 PL 91.5	147.210	147.540	
Fauquier	147.165			
Loudoun	145.310	443.225 PL 103.5 (Portable) 147.330 PL 203.5 (Dulles Airport 15W)	147.480	
Prince William	146.970 (Manassas) 147.240 (Woodbridge)	444.900 (Woodbridge) 442.200 (Manassas)	147.525 (Primary) 146.475 (Secondary) 445.925 (Secondary)	145.730 (1200)
Skywarn	147.300			
Medcomm			146.445	145.730
American Red Cross (Chapter to Chapter)			146.535	
American Red Cross (On-Site)			147.420	
Northern Virginia Traffic Net	147.300			

These tables represent the NCAC Coordinated frequencies for ARES®/RACES nets in the Greater Metro Washington, DC area. In the event of a regional emergency in Maryland, logistics support will be requested on 146.910 (VA). In the event of a regional emergency in Virginia, logistical support will be requested on 147.105 (MD).

Corrections and additions may be submitted by ECs and/or ROs to David Lane, KG4GIY (kg4giy@arrl.net). The most current frequency list can be found at http://www.ncacdc.com/. In the event of an emergency, tune your radio to the logistics frequency and check in as instructed.

DO NOT deploy to the emergency zone without explicit instructions.

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